GUAM BEHAVIORAL HEALTH AND WELLNESS CENTER

TITLE: Prevention and Training Branch Program
Description and Scope of Services

RESPONSIBILITY: Prevention and Training Branch

APPROVED BY:
THERESA C. ARRIOLA, DIRECTOR

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DATE OF ORIGINAL
APPROVAL: 2/22/2016
LAST REVIEWED/REVISED:

PURPOSE:

To provide an overview of the Prevention and Training Branch (PT) program description and scope of services, that will guide PT staff in the delivery of such services at the Guam Behavioral Health and Wellness Center (GBHWC) and in the community. This policy will meet the Commission on Accreditation of Rehabilitation Facilities (CARF) standards section 2A.1, 2A.3 and 2A.9.

POLICY:

- A. The Prevention and Training Branch of the Guam Behavioral Health and Wellness Center shall establish and implement culturally appropriate and sustainable prevention and early intervention policies, programs, and practices that are responsive to the needs of the people of Guam and that are proven to effect positive behavioral health changes.
- B. It shall provide technical assistance, training and resources to community-based organizations, program managers, policy makers and coalition leaders in the public and private sectors. Services focus on mental health promotion and substance use prevention, which may include but are not limited to:
 - 1. Education and training on the prevention of substance use (alcohol, tobacco and other illicit drugs).
 - 2. Education and training on suicide prevention and early intervention.
 - 3. Stress management training.
 - 4. Prevention leadership development program.
 - 5. Community outreach and educational services in the general public.
- C. The Prevention and Training Branch is under the Clinical Services Division.
 - 1. Services will be provided within GBHWC main facility or in community settings reviewed and approved by the GBHWC Director,
 - 2. Services will be provided within usual government work hours (Monday Friday 8:00 5:00 pm excluding government of Guam holidays), with exception of community-driven events that are with prior approval of GBHWC Director.
- D. The Prevention and Training Branch is funded through blended GBHWC funds as determined by appropriations, and grants. Services are free to the public.

PROGRAM PHILOSOPHY GOALS AND OBJECTIVE

Prevention and Training Branch's vision is an island community where prevention is a priority. There is island-wide support for prevention. It is normal and natural for people who need help to seek help, and people who can help are willing to give help. There is no gap between

prevention and treatment. Prevention services are fully guided by cultural values. Everyone has access to behavioral health services and care.

Prevention and Training Branch's mission is to engage and empower our community so that prevention is elevated to a priority while promoting evidence-informed interventions to prevent and reduce tobacco, alcohol, other drug use and suicides, and to enhance mental wellness.

DESCRIPTION AND SCOPE OF SERVICES

Prevention and Training staff provides technical assistance, training, and resources to members of the local community. These services are offered in an effort to strengthen leadership and successes in the development, implementation and evaluation of data-driven prevention policies, programs, and practices that are culturally and linguistically appropriate for Guam's residents. Evidence-based trainings are regularly offered in the prevention of substance use/misuse, tobacco cessation, and suicide prevention.

Guam's State Epidemiological Outcomes Workgroup (SEOW) is also managed by the Prevention and Training Branch. The SEOW produces the Epidemiological Profile that documents and describes the substance use and suicide trends for the island. The PT branch, along with other government and non-government organizations, utilize this Profile to make data informed and data driven programmatic decisions.

Services	Scope of Services
Stress	Community members can access stress management services
Management	through the PT branch. Training is dependent on the curriculum
Training	that is currently being utilized by the branch.
Suicide	Virtual and In-person evidence-based modules are available to
Prevention and	be completed by community members. Trainings can either be
Intervention	done individually, or in groups.
Training	
Ethics in	Virtual and in-person ethics training is available to the community
Prevention	in dealing with ethical issues they may encounter in their
	prevention work.
Introduction to	Entry-level overview of substance abuse is provided to
Substance Abuse	participants who would like a foundation for their prevention work.
5-Step Strategic	Provides participants with the framework to identify community
Prevention	needs and select, implement, and evaluate an evidence-based
Framework	program that addresses suicide risks and behaviors.
Substance Abuse	Provides the proper skills and resources in needs assessment,
Prevention Skills	capacity building, planning, implementation, evaluation, cultural
Training	competence and sustainability.
Brief Tobacco	Services providers learn intervention skills in supporting a person
Intervention Skills	who would like to quit smoking tobacco or electronic nicotine
Training	delivery devices
Screening, Brief	Methodological universal screening and referral process that
Intervention and	utilizes evidence-based tools and motivational interviewing to
Referral to	bridge individuals who may display risks for substance misuse to
Services	necessary care

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STAFFING & CREDENTIALS:

The program capacity is driven by the number of staff that are available to provide services. Training programs and services are scheduled on a monthly basis and can also be accommodated upon request, depending on the availability of trainers and the curriculum to be provided.

Staff undergo continuous capacity building trainings. Each facilitator assigned to the training is a certified trainer of that respective training. Staff also work towards the attainment of Certified Prevention Specialist.

The number of PT branch staff facilitating the trainings is dependent upon the number of participants in attendance. Most trainings are conducted with two trainers/facilitators.

RELATED POLICY (IES):

SUPERSEDES: Title; Policy No.; Effective Date/signature date; Approving individual's name



GUAM BEHAVIORAL HEALTH & WELLNESS CENTER

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REVIEW AND ENDORSEMENT CERTIFICATION

The signatories on this document acknowledge that they have reviewed and approved the following:

Policy Title: PEACE Program Description and Scope of Services

Policy No: GL-PEACE OF CL-PT-OF

Initiated by: PEACE Prevention 2 Training formula

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